

TABLE 1. cont.

	Time	BG	Ins	CHO	Pro	Fat	Remarks
	22:00	4.5					1
	23:00	4.5					2
18-11-2005	00:00	4.5					3
	02:00	4.5					4
	04:00	4.5					5
	06:00	4.5					6
	12:00	4.5					7
	22:00	4.5					8
	23:00	4.5					9
19-11-2005	00:00	4.5					10
	02:00	4.5					11
	04:00	4.5					12
	06:00	4.5					13
	12:00	4.5					14
	22:00	4.5					15
	23:00	4.5					16
20-11-2005	00:00	4.5					17
	02:00	4.5					18
	04:00	4.5					19
	06:00	4.5					20
	12:00	4.5					21
	22:00	4.5					22
	23:00	4.5					23
21-11-2005	00:00	4.5					24
	02:00	4.5					25
	04:00	4.5					26
	06:00	4.5					27
	12:00	4.5					28
	22:00	4.5					29
	23:00	4.5					30
22-11-2005	00:00	4.5					31
	02:00	4.5					32
	04:00	4.5					33
	06:00	4.5					34
	12:00	4.5					35
	22:00	4.5					36
	23:00	4.5					37
23-11-2005	00:00	4.5					38
	02:00	4.5					39
	04:00	4.5					40
	06:00	4.5					41
	12:00	4.5					42
	22:00	4.5					43
	23:00	4.5					44
24-11-2005	00:00	4.5					45
	02:00	4.5					46
	04:00	4.5					47
	06:00	4.5					48
	12:00	4.5					49
	22:00	4.5					50
	23:00	4.5					51
25-11-2005	00:00	4.5					52
	02:00	4.5					53
	04:00	4.5					54
	06:00	4.5					55
	12:00	4.5					56
	22:00	4.5					57
	23:00	4.5					58
26-11-2005	00:00	4.5					59
	02:00	4.5					60
	04:00	4.5					61
	06:00	4.5					62
	12:00	4.5					63
	22:00	4.5					64
	23:00	4.5					65
27-11-2005	00:00	4.5					66
	02:00	4.5					67
	04:00	4.5					68
	06:00	4.5					69
	12:00	4.5					70
	22:00	4.5					71
	23:00	4.5					72
28-11-2005	00:00	4.5					73
	02:00	4.5					74
	04:00	4.5					75
	06:00	4.5					76
	12:00	4.5					77
	22:00	4.5					78
	23:00	4.5					0

TABLE 1. cont.

	Time	BG	Ins	CHO	Pro	Fat	Remarks	
	23:00	4.5					1	
03-01-2006	00:00	4.5					2	
	02:00	4.5					3	
	04:00	4.5					4	
	06:00	4.5					5	
	12:00	4.5					6	
	22:00	4.5					7	
	23:00	4.5					8	
	00:00	4.5					9	
04-01-2006	02:00	4.5					10	
	04:00	4.5					11	
	06:00	4.5					12	
	12:00	4.5					13	
	22:00	4.5					14	
	23:00	4.5					15	
	00:00	4.5					16	
	02:00	4.5					17	
05-01-2006	04:00	4.5					18	
	06:00	4.5					19	
	12:00	4.5					20	
	22:00	4.5					21	
	23:00	4.5					22	
	00:00	4.5					23	
	02:00	4.5					24	
	04:00	4.5					25	
06-01-2006	06:00	4.5					26	
	12:00	4.5					27	
	22:00	4.5					28	
	23:00	4.5					29	
	00:00	4.5					30	
	02:00	4.5					31	
	04:00	4.5					32	
	06:00	4.5					33	
07-01-2006	12:00	4.5					34	
	22:00	4.5					35	
	23:00	4.5					36	
	01-02-06	00:35		3	5	22	45	
		03:11	6.6	2				
		19:14		5	x	xx	xx	
		20:20		4	6-	55	120	
		23:00		14	25	40	100	
02-02-2006	01:41	2.7						
	03:48	4.0						
	13:50	15.8	14		80	80		
	15:14	10.0	4		5	40	90	
	16:39	3.5	7	13-	23-	55-		
	21:55	5.4	8					
	23:26	2.3	3		2	25	40	
03-02-2006	01:39		5		6	87	120	
	03:45	1.5						
	06:10	5.5						
	11:59	7.9	7					
	16:19	8.7	7					
	17:51	6.7	3					
	21:54	6.5	3					
04-02-06	02:17	6.3	3					
	06:26	6.5	3					
	16:17	2.6						
05-02-06	21:30			++				
	22:08	11.6	9					
	23:21	11.3	12					
06-02-06	02:00				40	40		
	07:30	3.7			40	10		
	15:58	6.7	3					
07-02-06	19:18		5	7.5	64	190		
	20:30			1	13	26		
	00:40	5.6	3	1	26	52		
08-02-06	04:00							
	08:21	11.0	12					
	17:42							
	22:15				40	20		
09-02-2006	01:30			3	4	30		
	01:54	9.3	6					
	04:52		5					
	13:04	8.6	6				example of skipping two days	
	15:59	6.4	2					
	20:07	9.2	7					
	21:49							
03:04	4.3							

TABLE 1. cont.

	Time	BG	Ins	CHO	Pro	Fat	Remarks
10-02-06	06:28	7.9	6				
	08:41	5.8					
	12:20			3	3	30	
	13:21	8.9	11				
11-02-2006	20:42	4.8					
	04:06	3.7					
	10:30	11.3	11				
	14:10	3.2					
12-02-2006	15:05			4	5	40	
	16:13	3.8					
	19:51	4.3					
	23:23	7.8	5				
	10:08	4.1					
	15:40	4.0				38	
	16:23		3	4	8	80	
	23:04			1	2	20	
	23:24						
	07:53	1.6		2			
13-02-2006	10:30			1.5			
	14:27			4.5			
	16:22	2.1		3			
	18:13			3			
	18:55	5.1		3	60	110	
	19:30			5	10	100	
	20:45						
	05:03	5.5					
	07:00		3	4	42	70	
	08:35						
14-02-2006	11:38		4	4	42	70	
	13:51	3.0					
	17:49	4.9					
	18:33		5				
	20:17		7	19	25	180	
	20:50			6.7	16	55	
	21:24	1.8		3			
	23:15						
	00:22	4.8					
	05:38	10.7	11				
15-02-2006	07:50		4	2	18	45	
	09:08	1.9		3			
	14:54		4	x	75	120	
	17:05	4.0	8	13	23	50	
	23:21	8.9	5				
	07:15	13.1	12				
	08:55	9.5	7				
	10:50		4	3	27	65	
	13:55				50	50	
	14:46		3				
16-02-2006	17:34	7.8	5				
	18:52		4				
	20:56	5.2					
	23:27		8	13	23	50	
	01:00	7.4	5				
	07:20	9.0	6				
	10:00			1.5	14	30	
	11:23	7.8	5				
	14:38	5.0					
	15:15				37	37	
17-02	16:13		2				
	17:42	8.2	7				
	21:50	3.3					
	01:10						
	10:00	3.4					
	20:20			2	66	45	
	20:55		4	5.2	10	100	
	00:03	6.0	3		33	15	
	09:52	8.1	6				
	11:45			10	40	120	
18-02-06	13:14	4.1					
	15:14		2				
	19:54	5.1					
	00:45				55	70	
	01:11	5.3					
	04:16	7.6	5				
	13:35				40	50	
	13:52	4.2					
	14:41		3				
	17:10				22	28	
19-02-2006	18:44	8.3	12	13	36	120	

TABLE 1. *cont.*

	Time	BG	Ins	CHO	Pro	Fat	Remarks
	20:30		4	5	21	65	
	21:27	4.5					
	01:31	9.2	6				
20-02-2006	04:09		6	6.5	25	50	
	08:50	4.8					
	09:55		4	4	34	50	
	14:29	5.4	2				
	15:49		3	4	34	50	
	22:42	5.3	3	3	16	32	
	02:49						
21-02-06	03:35	5.3					
	10:40	3.8					
	17:31	4.7					
	20:32		7		57	160	
	23:40		4	8	53	120	
	02:28						
	04:44	9.4	7				
13:41	10.0	9					
14:28	5.5		3.2	44	70		
15:48	2.3						
18:37	1.5		9				
							Hey, this is a link to first entry of 2000-01-07.



